

PARENT TALK: FROM CONFLICT TO CONNECTION



WEDNESDAY 29TH JANUARY
6.30pm-8.30pm



Parents, are you experiencing a lot of conflict, aggression or violence from your child or teen at home?

Do you want to end the cycle of child to parent aggression in your family?

If so, you are not alone and you can get support.

Our next workshop by Lorraine Doherty is designed to bring violence and aggression to an end and to build a better relationship between you and your child.

This workshop will:

- Help you to reduce conflict in your home
- Help you to strengthen your relationship with your child
- Help you to respond effectively to challenging behaviour



ST. ANDREW'S RESOURCE CENTRE



Spaces are limited.

Please email deirdre.cowman@gmail.com to book your place.